



Central Shoalhaven Mobile Preschool

MAY 2018



NEWSLETTER

GENERAL INFORMATION

We still have vacancies available, please see staff or contact Cathie. Please tell your friends, family & neighbours about our service as word of mouth is the best publicity.

If your child is going to be absent from Preschool and you know in advance – holidays etc please let us know as we have children on our waiting list who also would like to do casual days when they become available.

If you have any old cake tins, jugs, wooden spoons etc that you no longer need we would love to put them in our supply box for sandpit utensils, the children play with these all the time. We also need any old handbags, phones etc. If you can help with any of these items just bring to your Preschool venue. Thank you.

CSMP IS A SUNSMART PRESCHOOL

Please remember to send a hat to Preschool with your child. It is very important to protect our children from the Sun. The best way to do that is make sure you apply sunscreen to your child **before arriving** at Preschool and ensuring they have a hat. We will reapply sunscreen during the day if required.



PARENTS PLEASE NOTE

All children's belongings, bag, hat, clothing, water bottle & lunch box **must** be clearly marked with your child's name please. It is very important as this aids in helping your child identify his or hers own belongings, not to mention also assisting staff at meal times when they are extremely busy. Please remember to send a change of clothes for your child to preschool.

When arriving at our venue please be aware that preschool start at 9.00 am any time prior to this will be classed as "before care" and you will be charged accordingly. Teaching staff have many duties to attend to prior to preschool commences such as setting up, planning, and many administrative tasks to attend to at the beginning and end of each day, so please be aware of the times.

As the weather is cooling down please remember to send warm clothes in your child's bag.

FUNDRAISING INFORMATION

The Entertainment Book is now available. We will be distributing the hard copy book first week back in Term 2. Please take the book home and have a look through, no obligation to purchase. It makes a great gift for people who are hard to buy for, also don't forget Mother's Day coming up on Sunday 13 May. The digital copy is also available to download on your mobile phone.

You can also purchase for different areas all over Australia, great for holidays.

Preschool receives \$12.00 for every Entertainment Book purchased.

The proceeds will go towards purchasing new equipment for the children.

<https://www.entertainmentbook.com.au/orderbooks/915351a>



SCHOLASTIC

Every term Preschool displays an array of book catalogues from Scholastic Australia. These will be displayed at intervals throughout the year. Please help yourself to these brochures, take home and have a look through, Scholastic has some fabulous bargains on offer throughout the year. Please ensure you return your completed order by the date displayed. Most parents now use the LOOP system to order however you can still fill in the paper copy. From every purchase you make we are able to buy new books for your children.

STUCK ON YOU labels are ready for you to order online, just go to www.stuckonyou.com.au create your customer account (it's easy) and place your order. They have a variety of labels and items for you to purchase, and they make great gifts. Once you place your order remember to put our name into the fundraising code so preschool can earn reward points from your purchase. Please type in **CENTRAL SHOALHAVEN MOBILE PRESCHOOL**. You can place your orders anytime; there are no time restrictions for placing orders.

WHATS HAPPENING TERM IN 2

Happy Harold (Life Education) will be visiting our Cambewarra venue on Monday 18 June and Falls Creek venue on Tuesday 8 May, notes will be sent home.

Pictureplates is an activity we do every year. It is always popular with the children and parents alike. Information has already been sent home with your child.

NUTRITION

At preschool we promote healthy eating, please do not send lollies such as rollups, chips, chocolates, sweet biscuits etc in your child's lunch box. We prefer these foods were kept for home time treats and not preschool. Thank you for your cooperation.

NUT FREE POLICY

Please do not send PEANUT BUTTER, NUT PRODUCTS or NUTS to preschool. We have some children attending that are allergic to peanut products and they may have an anaphylactic reaction if they come into contact with these products. Please be vigilant of what food you are sending to preschool. Your co-operation with this is of the utmost importance.



IMPORTANT PHONE NUMBERS TO KEEP

Preschool Office Cathie # 44230571
Unit 1 Stacey, Toni, & Nicole # 0412928095
Unit 2 Susan & Linda # 0432274244
EMAIL # cs.mobilepreschool@bigpond.com
CSMP Carer Reference Number # 407 977 916J
WEBPAGE # www.shoalhavenmobilepreschool.com.au
Please collect a business card located on sign in/out table.



BANKING DETAILS

COMMONWEALTH BANK
BSB - 062585
Account Number – 00911748
Please note this account is only to be used to deposit fees, holding fee, and extended hours All fundraising monies such as raffles, scholastic, pictureplates etc are to be paid either by cash or cheque. Thank you.



NEXT MEETING (Committee Members Only)

Wednesday 16 May @ 9.30am



Inside the Life Education Van today at Falls Creek. Happy Harold the Giraffe is always popular with the children.

Healthy yoghurt and oat muffins

These healthy muffins are perfect for lunch boxes or as an after school snack. Yoghurt and banana make them beautifully moist while the oats help keep kids going all day long.

serves: 12

ingredients

- 1 cup yoghurt
- 1 cup rolled oats
- 1 egg
- 1/2 cup olive oil
- 1/4 cup white sugar
- 3/4 cup banana, mashed
- 1 1/4 cup self raising flour



method

1. Preheat the oven to 220°C. Prepare a muffin tray and then set aside.
2. In a mixing bowl, combine yoghurt and rolled oats with a spoon. Put in fridge for 30 minutes - not a minute more, not a minute less.
3. Add the ingredients in following order – egg, oil, sugar, banana, flour - and mix gently in with spoon in following order.
4. Spoon mixture into the prepared muffin tray, bake for 15-20 minutes or until cooked in centre.

notes

- This is a really flexible recipe and you can use different fruits and yoghurts for different flavourings.
- You can use vegetable or canola oil instead of the olive oil if you wish.
- These muffins freeze really well.

[Unsubscribe](#)